

Next 5000 Years
Women will Rule the World!

(A psycho-spiritual exposition)

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What Does It Mean To 'Rule The World'?

Ruling is fundamentally an act of ruling out unallowable things! Fully allowing or partially allowing or not allowing at all of the allowable ways may not still be as harmful as allowing the smallest degree of the unallowable! A government, for example, may deny permission to its citizens to carry guns in spite of the fact that the citizens seek permission only with the intention of using it in case of danger to personal life. This denial of permission is generally seen as not being as serious as a few hundred people holding unauthorised guns and harming people. So, ruling is fundamentally allowing and disallowing! We get a taste of this from the way a government rules a nation, for example, with its labyrinth of laws and punitive measures if laws are violated. So, the government, whether it is a democratic one or a dictatorial regime, when it tries to impose its highest will on the people, it goes without saying that the government stands for a 'certain highest' thinking that it is capable of. For example, an enemy nation may tend to look at the highest ideals of its neighbour to be

inferior and retrograde. Yet the reality is that the nations are ruled by what one man or a coterie upholds to be their highest! Not all rulers of the world have ever carried the highest intellectual calibre or the deepest concern for the well-being of all! It has been a helpless situation in that the rulers have only given expression to their own core psychological states as against displaying a wholesome understanding of life!

Hence, 'the highest ideals' vary from nation to nation and continent to continent. One nation's highest could be another nation's lowest ideal! For example, if we look at the case of democracy, while some nations uphold it to be the highest, some don't bother to respect even the ABC of democracy. The point is everything works! Nature does not have any such mechanism whereby it will allow the right of existence only to the highest ideal held by people who respect basic rights of every single life on earth. No such thing. Life works for the dictator as well as for the democrat. But there is a difference. The difference affects the ruler as well the ruled in the long run. No one can escape the consequences of one's own action.

When Cold War ended, there were dictators belonging to the erstwhile Soviet Union who were penalized for their selfish ways – some with even execution!

Ruling is a responsibility vested by the larger public of a nation in a small group of elected people so that every single citizen does not have to worry about the day to day chores of governing – water supply to guarding the borders to running a police system. Each individual has surrendered

his individual will to the collective will of the nation so that those who are entrusted with the responsibility of running the nation can take decisions and impose measures that will make sure every individual's personal safety, security, property and well-being are respected and safeguarded. This is the spirit of governance.

Having said this, we need to look at this serious question – are those rulers really competent enough to bring about the highest good for all the citizens of a nation. This question has no definite answer because we may have to first categorize or define those ideals and practices which are capable of bringing the highest good! Everyone will have a different idea about what constitutes the highest good and we all know the saying 'one man's food is another man's poison.' Yet, in spite of the differences in the opinions of people as to what constitutes the highest good, we cannot deny that everyone carries within them ideas about well-being which can only differ in detail and not in substance. For example, no citizen of any nation will ever agree to or accept 'arbitrary arrest and imprisonment' as a component of what might constitute 'the highest good' for any citizen.

So rulers in today's world cannot afford to ride rough shod over its citizenry – that phase of human history is over. Even in dictatorial regimes, there is a certain amount of good will that the dictator commands from people because of his pro-people measures. By force or by goodwill rulers have had their stints! This way the drama of rulers governing nations has been going on so far without people ever arriving at an answer to this question - is there something called the 'highest good for all'. So far whatever

highest good any government practiced was simply the highest that the rulers could think of or were capable of. There was always a limitation because the rulers were also ordinary human beings subject to the common human experience of getting conditioned into some psychological states and when they assume power, they cannot act beyond their own dominant psychological ways. For example, if we look at the last four Presidents of the United States, the two Bushes were markedly different from Bill Clinton or Barrack Obama. The administration of both the Bushes witnessed military action whereas the regimes of the other two Presidents are of a different quality. The external imperatives have not been as powerful as the personality traits of the rulers!

The 'ruler's highest' rules the people, by default. Although it is quite convenient for the citizenry to vest their powers in a small number of people for the ease of managing a nation, why fail to look at the objective content of 'highest good of all' and why leave the destiny of a nation to the will and default psychological states of the ruler or rulers! Isn't it a sorry state of affairs to empower a few people blindly?

But, left to their choices and left to their default tendencies, not all rulers have done harmful things! When Michael Gorbachev became the President of the erstwhile Soviet Union, he initiated a series of revolutionary measures which resulted in the dissolution of the empire! Whether the dissolution of the empire did anything good to the people of its constituent units or not, it went a long way in eradicating what I would call a military madness on the part

of two parts of the globe! The end of Cold War also brought an end to the psychology of exaggerated sense of paranoia, persecution, revenge and wastage of earth's human and natural resources. When cold war was at its peak, the whole earth's psychological atmosphere was left negative. But in reality, we don't have any survey to prove that each Western citizen was against USSR or vice versa. It was simply the psychological states of the rulers that put enormous strain on the well-being of the citizens. Cold War was clearly a case of citizens' failure to intervene! As global citizens we have not been able to decisively say what constitutes the highest good and hence because of that inability or lack of time or whatever, we have allowed a few rulers to let loose some behavioural patterns which were not rooted in existential reality but rooted merely in their own psychological states which were purely subjective!

So, as people of the world, we are not in a position to satisfactorily define what ways and ideals would constitute the 'highest good to all' but this does not mean we should not keep a watchful eye on the rulers of the world and when some ruler or rulers practice what is flagrantly in violation of the highest interests of all, then we should be able to throw our weight to off-load them from power and seek to enthrone the right set of people. Ruling is not only about the rulers, it is about the ruled, too. The rulers are there because the ruled need them, and not vice versa. The rulers should be at the mercy of the ruled and never the other way round. If anybody wants to rule over the world, he or she needs to operate from knowledge of what will bring the maximum good to all the people of the world. Only such

people could be allowed to rule, in the first place. So, between the ruler and the ruled, the more powerful is the ruled. Anybody can aspire to become the ruler, but it is solely the discretion of the ruled to allow or disallow that person. Simple logic!

Knowledge, over-all, determines what kind of an approach a ruler holds towards his or her citizenry. When we say knowledge we are not talking about the knowledge of say, how to assemble an airplane, or how to create a certain chemical reaction among some compounds in a laboratory, or how to perform a heart surgery. Here we are talking about knowledge of a different dimension – knowledge of what human nature is, what human aspiration is, what makes people happy in the long run, what does immense good to people over a period of time, what the resource position of the nation or the world is, what direction the future is going to take if things continued in the current pattern of consumption and so on. This knowledge can be equated to that of a father who would possess a firm knowledge of the status of the household members, in terms of their health, education, finance and future prospects. So, the ruler shall be either a paternal or a maternal god-father in terms of their basic attitude and approach towards his or her citizenry.

So, to rule is to, directly or indirectly, with the explicit permission or the implicit permission or even without the knowledge of the citizenry, mould the destinies of the people who allow themselves to be ruled! Many people come to ruling positions just in order to satisfy a need in them, the psychological need to prove themselves or to

grab power so that they can acquire material wealth and enjoy power. Such things are very common in the world - neither the rulers nor the ruled have the time to attend a qualifying course before embarking on electing or being elected. So far so good! But times are changing – tougher times are ahead for mankind as serious problems of population explosion and climate change due to technology are looming large in a serious but silent way. A few decades from now we may need a completely different leadership to be able to understand the problems in the first place and then solve it and take humanity's journey forward in an unhindered way. Yes, to rule is to be responsible for the destiny of the ruled. There are no two ways about it.



What Is Ideal Leadership?

An ideal leader is basically responsible, responsible not just for his own life or the life of his own kith and kin and friends, but for the well-being of the totality of which he is a part. This description has a parallel with the responsible position of the captain of a ship, who in times of crisis, tries to save the last life on the ship before saving himself. If the captain had to make a choice between saving himself and letting go of that one last person, the captain has to choose the option of saving that one last person. This is the pinnacle of leadership – below the pinnacle there are layers of qualities a leader carries but the most significant quality is that he values the life and well-being of others above his own!

In day to day life, we see people professing different styles of leadership, both in political life and business life. Political leadership is marked by expediency necessitated

by the prevailing bi-partisan or tri-partisan or multi-party politics where appeasing the general public and being within the acceptable limits (from the opposition party's point of view) dominates the display of a politician's leadership style. Dictatorial regimes are marked by a constant struggle on the part of the people to break free from the authoritarian leadership style of the de facto dictator. So, dictatorial leadership style is ruled out as an option because it tends to ride rough shod over the people without respecting their aspirations and sentiments.

Even within the democratic framework, leadership styles vary. Some have displayed a style bordering on unilateral decisions and some have been very obsequious to the whims of their party members or other lobbies. Some have displayed extra-ordinary courage in sticking to their original thinking. We all know how the post-independence Singapore emerged strong particularly because of its strong leader, what happened in Sri Lanka recently, and how Barrack Obama's style of functioning is taking the world on the path of peace and sensibility compared to how his predecessors functioned.

Occupying the seat of power does not make one a leader. The seat might stipulate certain jobs that are part and parcel of the incumbent's duty but what a leader chooses to do need not and cannot be prescribed by any law book. The leader's passion for his mission might even lead to the re-writing of the constitution or the law book. Gorbachev's leadership style is an example. Although some people view his actions as being responsible for the collapse of the empire of USSR, his own original thinking on matters led

him to adopt policies of glasnost and perestroika that eventually inspired people to break free from the authoritarian regime and pursue the path of freedom! Here again we are not trying to evaluate what he did was right or wrong. We are only trying to look at the leadership style.

So, leadership is original stuff, it is not borrowed, nor dictated by others, whatever the consequences! But, extreme negative leadership is an unwanted stuff and people have paid heavy prices to over-turn such leadership. Nobody wants a repeat of the style displayed either by Hitler or Mussolini. Stubbornness can either be positive or negative – the yardstick is whether that stubborn attitude aims at well-being or fulfilling an ego-driven fantasy!

We will not be moralistic in our outlook but we will choose to be realistic. Let us not judge leaders as good or bad. But we definitely need to segregate them based on the criterion of whether they brought about well-being or suffering to their people! Today well-being is multi-dimensional –it is not only the prevention of unnecessary loss of lives of a country's military, it also includes the economic well-being and general social well-being and the well-being brought by the pursuit of higher standards of education, a crime-free society, etc.

A person cannot be deemed to be a leader simply because he shows extra-ordinary amount of determination and courage. Even if half of the world population rallies behind a person, it is no vindication of his genuine leadership, if his leadership did not ensure the well-being of his people. He is just a whirlwind, he will dislocate people and leave

them high and dry at another place and disappear! An ideal leader is one who empathises with people, walks with them, works with them, talks their language and yet leads them in a direction which, he firmly believes, will bring a better destiny for all his people! People sitting on ivory-towers and issuing commands are not leaders but ones actuated by deep-seated fear of life and they are opportunistic and weak-minded people who are enjoying the temporary status!

A leader's first qualification is love for his people. Genuine love! Absolute love! Love in action! Not just lip service! A leader is one who has identified his own destiny with that of the people he is leading! His only motivation is giving his best to ensure the progress and well-being of his people. Such a leader can have a small territory as his ambit or can have the whole world under his purview. The size of the territory does not matter. What matters is the size of the leadership! The earth has seen many such leaders – from Abraham Lincoln to Martin Luther King to Mahatma Gandhi to Mother Teresa!

In short, including the whole world's well-being as part of one's concern makes one a leader. Others are followers in the disguise of leaders.

Who Is Ruling The World Now?

To rephrase the question, who are the people who are moulding the destinies of the world citizenry today? Within our species, it is obviously men (the male of the species). (Hereafter, 'man or men' will mean the male and 'woman or women' will mean the female).

Out of the 220 odd countries in the world, very few countries are being headed by women rulers, may be 4 or 5 as of January 2014 AD.

The world seems to be enjoying a leadership model which is not validated by any conscious or deliberate thinking or choice making. It looks like a certain historical continuity is being maintained unmindful of whether it is doing the highest good to the world or not. Pre-historical and jungle norms of the male supremacy have found an in-road, nay,

a highway even in to the modern times, unquestioned and unchallenged.

If we have a look at the facts continent-wise, America has never had a woman President so far even after four hundred years of its existence. In Europe, there was Margaret Thatcher in Britain, there is Merkel in Germany now, and in Argentina there is Cristina Fernández de Kirchner. In Africa, there seems to have been no woman rule until recent times. In Asia, India has had Indira Gandhi, Sri Lanka has had world's the first elected woman Prime Minister Sirimavo Bandaranaike and Bangladesh has Sheikh Hasina, a woman PM for three consecutive terms. In Africa, Liberia currently has a woman Prime Minister. According to a recently published report by the Worldwatch Institute, only about 21% of the world's elected legislators are women (as in 2013).

So, a miniscule percentage of women form the ruling class! The balance is heavily tilted in favour of men as of now. The outside manifestations in the world in regard to climate change, the rise in human population, indiscriminate amount of manufacturing of machines and goods, etc are nothing but the reflection of the interiority of the past and present rulers. The psychological processes of the ruling men are indeed the factories where external realities are manufactured. As is their inside, so are the outside manifestations. There is no ambiguity here. Be it the weapons stock, or the quantity of fossil fuel being burnt every year or the number of planes criss-crossing the stratosphere, everything is the result of what these

ruling men either have allowed or disallowed! Change the leadership, we will change the realities!



His priority is not her priority!

It is common sense that women are fundamentally different from men, both in biological and psychological terms. Women are generally understood to be more grounded than men which is to say that men have an inner compulsion to be carried away by considerations which are not of immediate relevance to the basics of well-being. Men have a compulsion to prove themselves which has its roots in the biological history of the species. Wooing has been men's job and it was no easy task! Men had to be constantly working upon their skills in order to have that competitive edge.

Apart from the immense task of wooing and winning over a partner for procreation purpose, the male had also to perform the task of guarding the partner and their offspring from physical dangers, from nature's vagaries and other predating species. It is exactly this historical role that

men played that won them the title of being the 'bread-winners'.

Typically bread-winning remained man's forte for a long time. But now, times have changed. Now, women can earn their bread, too. We as a species have come a long way and have crossed the never-have-to-visit-again stages of female dependence on men! The moment democratic governments were born, history sought itself to be re-written in favour of women. So long as might was right, there was this unmistakeable gap between men and women. By nature, women possess a softer nature and hence a softer body. The softer body is the necessity born out of their biological role - that of giving birth to children and the subsequent breast-feeding. Only a tender physical body could do all these sensitive functions. A rock-solid body may not be suitable for this kind of compassionate function!

What fundamentally differentiates men from women is the role they play in the procreation process. Each has its own unique and un-swappable role, the woman bearing child and the man just being responsible for the procreation through the copulation process.

Without the body, there is no chance of anyone developing his or her psychology, in the first place. The birth of psychology is caused by the very first awareness of one's body, its gender, and its other attributes. 'I am a male,' or 'I am a female' is the foundation stone on which the rest of the psychological superstructure is built. The body is vulnerable to outside sources of danger – from members of the same species to other animal species to natural

calamities. So, the major instinct born in a man or woman is the survival instinct. The more vulnerable the body - from the perspective of how rampant the sources of danger are – the stronger the sensitivity that a man or woman develops towards the life process surrounding them.

With women, the topmost priority was raising the off-spring. At their tender age, the off-spring could be very vulnerable to all sorts of danger – from a bacterial attack, to an attack by a reptile, to an attack by a cat or dog, an attack by wild animals, an attack by nature's climatic variations, to simple poisonous food, to diseases. The more the dangers to the off-spring, the more sensitive and alert women had to be!

This sensitivity towards 'life' is what separates women from men. There is an un-broken continuity to this role that women have played historically. Even today, it is women who biologically give birth to children! So women's psychology revolves around what they are in their basic constitution, i.e., the ones who are responsible for the procreation and safe-guarding of offspring.

As we marched in time, after invention of a governmental system which took care of law and order, the task of man having to physically protect women became relatively less burdensome and in fact a lot easy, too. Because of this changed reality, man had plenty of free time to devote to other areas of life – knowledge development and creation of technology. Whatever be the role, be it protecting the family or inventing technologies, man operates from a deep-seated inner compulsion to make things happen his

way. Compulsion is his nature and this compulsive nature is a product of the history of the male nature and function!

So men and women differ in their very roots – the root from where the psychological process is born. Man's psychology springs from a lesser sensitivity depth compared to that of women. This difference in depth of the sensitivity to 'life' or 'nourishing of life' will permanently separate women from men and hence women will always be placed, from nature's perspective and judgment, on a higher pedestal than men!

It is unambiguous that women, by virtue of their basic function as discussed earlier, continue potentially to be the superior lot when compared to men - in the past, in the present and in the future, too.

Two priorities emanating from a difference in depth of sensitivity to life cannot be the same, at least in terms of the immensity of respect and compassion shown to living beings. Men's psychology, as it springs from a deficiency in sensitivity to life, cannot be as life-saving and life-enabling as that of women. This is what we deduce when we look at the potentially dangerous and irresponsible ways in which the planet's affairs are being conducted in the name of growth and scaling up!

In terms of depth, men's priorities can never be on par with those of women. The difference is not artificial; it is part of the architecture of man/woman nature.

Why Women Now?

Today's political, economical and social realities are predominantly the direct result of the male thinking – the weapons situation, the human number, the extent of automobile production, manufacturing of other consumer products, construction boom that we see in cities and towns, the extent of air travel, etc. These realities simply reflect the thinking, the allowing/disallowing tendencies on the part of the people who have been at the helm of affairs. There is no doubt that a great deal of material comfort and conveniences have resulted out of this process of men seeking to give expression to their inner compulsion to expand limitlessly, in every aspect of life – be it the growth in their business, or the scale and scope of manufactured goods or in the area of globe-trotting using air travel. Every single year or rather every single day, men are trying to push their frontiers by another inch. It is something that we

all should adulate; the spirit of expansion is admiration-worthy!

But the bitter truth is that men are pushing their frontiers in a blind-folded manner – so much so that the very basics of the planet's well-being is understood to be at stake. Inventing technology is one thing, indiscriminate proliferation is another thing. For example, invention of automobile is a wonderful things and we all know by our day to day experience of travel how wonderful it is to go by a car compared to travelling the same distance by a bullock cart or on foot! Similarly, hopping continents by air is so much easy and comfortable compared to the tedious month-long journey by a ship. Technology, no doubt, has made our lives very comfortable and in fact the range of technological gadgets that we enjoy today seems to be sort of indispensable. (But they actually are not!).

Every manufacturing company is on an expansion-spree! Targets become huger and huger every year! Some statistics say that the automotive industry has already crossed the 1 billion mark in automobile sales. It is not only the automobile but every other product of technology like computer to mobile phones is on a scale-up spree.

The fossil fuel was seen as a boon in the beginning when men started using it to run their machines but now the very same fossil fuel seems to be a curse because, in spite of efforts to switch to alternative fuel, almost 96% of our actual energy source remains the fossil fuel. Every educated person now knows this development that the burning of fossil fuel steadily contributes to the rise of Co₂

levels in the atmosphere and it is giving rise to what is known as global warming. This global warming is seen as a potential danger to the well-being of mankind because it is capable of unleashing quite perilous consequences. It is predicted that by 2100, going by the current fossil fuel usage pattern, the average global temperature will rise by 4 to 8 degrees. Here what we should understand is that this rise of 4 degrees Celsius is happening not because the Sun suddenly decided to come close to earth or the earth chose to move close to the Sun but the rise in temperature is clearly the result of human activity. It is a man-made reality, yes, the male-made reality.

If the global temperature rises, it is predicted that the age-old glaciers found on the poles and the Himalayas will start melting away which in turn will cause a rise in ocean levels. When oceans rise, all the low-lying coastal areas and islands and archipelagos will be submerged. Erratic climate conditions will create jumbled rain-fall and snow-fall patterns. At a time it has to be hot, the climate might become chill and rainy. When glaciers melt, it will cause the rivers to swell inordinately causing flash floods and when the water ebbs completely, it might force millions of people to migrate because their livelihood would have been affected because of the dried-up rivers.

When the average global temperature rises, it is said that mankind will develop a lot of allergies and skin related diseases.

When we look at the population situation, the global number is steadily on the rise, if we were to believe the

statistics. It is official now the human number is estimated to be 7.2 billion. All the 7.2 billion people are basically consumers! They consume earth's resources every single day – from oxygen to food to minerals to ores to food from land to food from the oceans. It is non-stop consumption. If the humans consume only food, it is still under nature's capability to supply enough food for all. But humans have transcended that level of simple existence. Today, an average citizen of the globe not only consumes food, but also a range of technological products – from automobiles to planes to ships to washing machines to computers to cell phones to ATM machines to clothes to watches to shoes to medical equipments to bottled alcohol to luxury apartments to spacious villas and what not! All these things originate basically from earth! More and more mines are being dug across the globe in order to get the raw material needed to make these items. It is said that a little more than 60 billion tonnes of resources are being dug out of earth every year! Everyone knows how small our planet is – just 43000 kilometres of circumference! A study says that there will not be even a drop of potable water left on the planet by 2050, going by the current consumption rates!

So, we must wonder what is the true reality happening on earth! Are the technological products being manufactured at a scale in which it is ideal or are they all being manufactured by men according to their inner compulsions to expand? What is the reality? The reality is that the male mind is going on building patterns on their compulsive desires unmindful of the consequences for the well-being of the larger system.

As we discussed earlier, the birth place of men's psychology is their male body. The male body's function is different from that of a female body in respect of giving birth to and nurturing of off-spring which is the top-most purpose that the species can ever fulfil. Caring for just one life in full depth is caring for all lives! At that intensity of love, compassion and caring, one is all. When what men do in the name of politics and economics can endanger the very phenomenon of basic biological existence, then it is common sense that the function has to be shifted! The very function of running the day to day governance of politics and economics has to be handed over to the other party! In this politics of life, there are only two parties – men and women. By changing the party, we will change the globe. By shifting the power of running the planet from the male's hands to the female's hands, we will shift the very birth place of material manifestation. What comes out from the females' interior can never be as superficial and fragmented as what comes from the interior of the male. While women score 100% in their sensitivity to 'life' and its well-being, men cannot but stand at 49% and below! These are in-built sensitivity levels, built into the very system! And in the nature of things this truth is unalterable.

So, compulsive expansive psychology operating through men can never bring about equilibrium in the world in terms of limiting the use of technology or limiting the number of human beings that can walk on earth, given the limited size and resource-position of the planet. The very birth place of that compulsive expansive psychology of men represents inadequate inclusive consciousness. (Consciousness is defined as that dimension of life which

takes away the compulsive nature of existence from human beings).

If we want to run the planet in full health, then it has to be run by those beings that have included the whole earth's well-being into their conscious awareness. It cannot be left to people who helplessly possess only fragmented consciousness, people who are consumed by their own compulsive desires which ignores the larger reality surrounding them. When we are talking about earth's well-being, we are not talking about the well-being of that physical ball spinning around the Sun, but we are talking about women, men, children of species, the innumerable animal species and the plant species and the minerals and ores which can be conserved and used for long, long times!

Unless the rulers have an inclusive consciousness which is nothing but love for all, it is impossible to ensure the well-being of all. If rulers are people with narrow and fragmented consciousness, their actions will also be narrow and fragmented. We cannot help!

So, when we understand it all as a system, we will not hesitate even for a second to hand over the reins of the planet to women! In the nature of things, what women can do men cannot do! Failing to recognize this reality does not alter the reality in any way.

When love calls...

Love is responsibility, said the great author Scott Peck, in his book, 'The Road Less Travelled'. He also said love is

leadership! What he meant by this is that if we are loving, we need to be leading people in the right direction, the direction of well-being, too! A loving person cannot display the attitude of 'I don't care'. Love and care are one and the same thing. Men are loving. Women are love itself. Here I am not talking about sexual love. Here love stands for compassion and inclusion.

If today we are living in a world where everything is well-managed, where there is no question of any threat to the well-being of people, where there is no threat of global warming and where there is no threat of drinking water disappearing, we can all continue to live life the way it is now. But, we should not fail to notice the fact that we are living this life at a different time – a crucial time- where changing the course of the ship earth is a must for the very survival process to be smooth. Otherwise, the ship will run into rough weather.

Life's basic necessity is survival – being alive. There should not be any threat to the basic conditions – clean air, sufficient forest cover, availability of plenty of water, a clean earth where every waste is recycled properly without being dumped, the right number of people on earth in tune with the carrying capacity of the earth – these are essential conditions for life to happen. These are not luxuries of life. These are bare necessities. When human action results in damage to these very basic necessities, then it is a pointer to the inevitable lacuna in leadership. The party that has failed has to give way for the new party. Isn't it fair?

Life is not always about enjoying today. Tomorrow is also reality! Humans have the capability to extrapolate current trends and understand what is in store for future. We need to make a change or sacrifice today in order to make tomorrow happen successfully. We have no other planet ready for occupation. As of now, with our body masses, we cannot travel at the speed of light to reach other galaxies. The one planet that we have, let us manage it well! And it is always in our hands. But right now, women of the world, it is in your hands! Love is leadership! Women, it is time for putting love into action, if we care for the well-being of our posterity!

Why Not Continue With Men?

Men have less inclusive consciousness as compared to women and this is due to the difference in the basic function assigned by nature to men and women in the context of procreation/nurturing process through which nature maintains the continuation of the species. Actually, any given time, only women should be the rulers of the world. Historically, due to her specific functions of child-bearing and nurturing of offspring and her tender physical nature, she had to lie low for thousands of years because life happened in times of non-civilization! Civility came into existence with the birth of laws and governments. Now, the objective safeguards of laws and governments are available to everyone whereas in the pre-civilization periods only subjective safeguards were available – only might was the power of protection. There were no courts, no police and no laws and no organized living! All these germinated and evolved over a very long period of time.

(Women's suffrage became a reality only by 1900 AD!) Women had to really wait for all this to happen because women never chose to get into the male territory at the cost of what comes instinctually to them – taking care of their off-spring.

Of all the inventions that men have made in all of human history, the greatest invention is the 'office of power' – for example, the Office of the President of America, the Office of the Prime Minister of Australia, etc. When men invented this gender-neutral office, men dealt a death blow to the root of all gender-discrimination! Yes, today, the 'office' is 'office' whether a man sits there or a woman sits there. Office of power is office of power. No law says if a woman becomes the President, she will get to enjoy only half as much power as a man-President enjoys!

So, with the introduction of the gender-neutral offices of power, the stage has been set for the change in leadership. This change in leadership is not anybody's imagination or one among many options or some people's fantasy but it is a natural progression of events as warranted and dictated by nature itself.

When one leadership loses its vision or balance or clarity, then naturally another leadership starts cooking in the womb of nature. We live in time. The status of the earth, as in 2014, was not the same in, say, 1950 – in terms of population and extent of use of technology, climate change position, etc. What prevails today will not be same, given the relentless on-ward march of technological production, consumption levels and rise in human number, in the year,

say, 2050. Corresponding rise in production and consumption and rise in human number would have placed an even heavier stress on earth's natural resources and its fragile ecosystems. (Today being internet era, the author does not intend to supply too much statistics or details relating to the macro issues. People may read UN reports or the reports of the Worldwatch Institute whose website is www.worldwatch.org). Compounding of problems will take place as the number of unresolved problems increases. We would have created a huge junkyard out of this planet if speedy waste disposal and recycling systems are not put in place. Unless every manufacturer is legally made responsible for collecting back the junk left behind by his own products, waste management will become a colossal never-can-be-solved issue! Cause and effect is the master law governing our material world. Every cause creates an effect. The kind of massive causes men are creating today in the name of economic growth will leave behind a massive effect, too. In such serious realities as climate change and population explosion, the effect becomes irreversible. Cause and effect cannot be rolled back. Wisdom lies in recognizing this truth and taking preventive and pre-emptive steps. The best way to deal with a disaster is not to create that disaster in the first place! Hagglng with the effect is not advisable. The best way is to deal with things at the level of cause itself. This calls for thinking ahead of times and sowing the right causes.

So, in reality-creation, the most important thing is laying the right foundation. In the context of life on earth, the right foundation would mean allowing only such activities which will not meddle with nature and its ways. Human beings

are psychology-driven. We need to correct our psychological states by affirming this truth that we belong to nature and not vice versa. We as a species are very much a part of nature and we are very intimately connected to the earth via our breath.

Compulsive psychological states mark men. It is their very nature – to be impatient and desperate. And this attitude is being further stoked by competition. It is high time women-folk made it known to all that we as a species are locked in an intra-species competition and not an inter-species competition. We have no other aliens to compete with!

When compulsive psychological states, fuelled by competition, run the global affairs, there is no question of slowing down even to take stock of the situation, leave alone incorporating solutions. The human mind is a compulsive pattern builder. 'When we lay one brick on top of another, there is a compulsion to finish the building, says an expert in thinking. And another important point about the human mind is that it builds patterns on the 'foundation stones' or 'foundation thoughts or drives'. If an individual starts with this foundation thought that he wants to build a business empire in computer software, his mind will work round the clock only to identify and attract those circumstances and people which are conducive to the accomplishment of his goals. His mind will reject what is not conducive and what is not related to his goal. For example, even if the person is offered a partnership in a hundred other unrelated businesses, his mind will straightaway reject them. This is the nature of the human mind. When original thoughts or foundations are flawed,

we cannot expect a different third floor or fifth floor! As is in the foundation, so in the superstructure! We have already seen that man's foundational thoughts do not spring from as much a depth in compassion as do the foundational thoughts of women!

Altering men's thought processes to become as inclusive as that of women's cannot be done now because whatever we do in that direction will only be equal to repairing say, the fifteenth floor or the twentieth floor of a building! Change takes place only when we change the foundation itself. The near impossibility of changing this foundation is a fait accompli. And hence men cannot continue any further to rule the world.

The most wonderful thing that can happen on earth has happened – yes, women have been empowered irreversibly, for eternity! Now, constitutions of the world cannot be rewritten to dis-empower women by redefining what 'an office of power' is!

So, the time is now. If a safe future has to be created for the children of the world, women have to take complete control of the world. In no other way can we avert the impending environmental disaster or the problems arising due to depletion of natural resources.

The human mind is a programmable computer. Huge numbers of people on the planet are programmed for individual success! There is nothing right or wrong about it. But then, without understanding the total reality prevailing on planet earth, how can individuals be allowed to pursue

what they think is success? Success should be total success. Success in just one area – economic well being – is not success at all. It is rather failure. If too much of unbridled economic success leads to the very destruction of the planet on which we play this drama of life, then that success should be termed negative success! Yes, what we need is 100% positive success, a success which has no side effects!

It takes some solid amount of time to de-condition people. If someone is very deeply scripted in achieving success at any cost, then it may take even a lifetime to reverse his programming. Once a psychological program sits deeply inside a person, he just becomes that program itself and nothing else. Yes, he becomes the success thought itself! When the entire room, say for example, is fully occupied with some object, how can we put something else into the room simultaneously?

So, success-conditioned men are difficult to wean! Such success-conditioning was very much needed at a particular time in history. Not that success is bad! But success which has no idea of what it does to the long-term well-being of all is a failure and crime.

In the very energies that a male and a female are made of, there is difference. Men represent one type of energy and women another. I would like to quote the famous spiritual author, Eckhart Tolle from his book, 'The Power of Now'. He says that the very nature of the male is to resist, fight for control, manipulate, attack and grasp and possess whereas the female mind is soft and yielding and yet infinitely more powerful and has the capacity to take everybody in their

loving embrace. In his own words, ``...the energy frequency of the human mind appears to be essentially male. The mind resists, fights for control, uses, manipulates, attacks, tries to grasp and possess, and so on. This is why the traditional God is a patriarchal, controlling authority figure, an often angry man who you should live in fear of...To go beyond the mind and reconnect with the deeper reality of Being, very different qualities are needed: surrender, nonjudgment, an openness that allows life to be instead of resisting it, the capacity to hold all things in the loving embrace of your knowing. All these qualities are much more closely related to the female principle. Whereas mind-energy is hard and rigid, Being-energy is soft and yielding and yet infinitely more powerful than mind. The mind runs our civilization, whereas Being is in charge of all life on our planet and beyond. Being is the very intelligence whose visible manifestation is the physical universe. Although women are potentially closer to it, men can also access it within themselves.''. It is to be noted that Eckhart Tolle uses the word 'being' to refer to the compassionate, divine essence residing in all.

So, in the very constitution, men and women differ, notwithstanding the fact that they are mutually complementary. Why only women can turn around the world and not men is a simple lesson from the management wisdom. Yes, it is the wisdom of knowing who is good at what and allowing them with that task! Women are more suited to turning around the world because in their very core they are compassionate and they are level-headed and practical and they are masters of prioritization! As mothers of all the children of the world, they know that survival or

living well is the topmost priority and they will never settle for any amount of technological gadgets or economic growth at the expense of fundamental well-being. Saying anything more is redundant!

Do we need a sexist war?

Far from it! Sexism is an obsolete word. It is always complementarity that is at work! Dictionaries have to remove the word sexism! If one sex had been sufficient for the basic processes of life like wooing and procreation, nature would have created only one sex on earth. Why two sexes at all? Without one, the other is insufficient and incomplete. At any given point of time, in any given place, the sexes are only complementary. A war generally tries to basically eliminate an enemy. Here, who can be eliminated? Can the male eliminate the female and live his life? Or can the female eliminate the male and continue to live? Impossible! For life to happen, both the sexes are needed. So, sexist war is ruled out. But swapping of roles is always an agreeable proposition. It is like baby-sitting! For a few days, the mother does it and for a few days the father does it! In the same spirit, now planet-sitting! Yes, men have had their stint for the last say, 5,000 years and now it is the time for change of guard! Now, women will run the planet for the next 5,000 years! Why not!!

When leadership changes, the gut and content of the leadership also changes! A war-mongering leader creates wars and a peace-loving leader creates peace. Simple! Men want to be winning all the time and so they create hectic and intense activity all the time. But women love peace and

balanced growth and hence the world will reflect this spirit soon! As is inside, so is outside!

A great scientist, Pascal, once said that man is a like a reed, but a thinking reed. In the same way, a woman is delicate but powerfully delicate!

Who Authorises This Shift In Balance Of Power?

It is nature. How are we to know that this shift is being authorised by nature itself and not by the whimsical thinking of one or more individuals?

As human beings we are an integral part of nature. It is in the lap of nature that our life process takes place. The way other beings are governed by nature's laws, we are also being governed – there is no exception. From a plant to an animal, everything in nature is under the merciless grip of nature's law of life – everything is born, grows, bears fruit or offspring and then gets old and infirm and then dies. Humankind also undergoes the same experience – this means nature is operating in and through mankind as much as it operates in and through other life forms. So, nature is in constant communication with the living beings! With animals and plants, the communication process is simple

because, they don't have the mechanism of an elaborate mind. Plants and animals do not contemplate, collect information, get conditioned in wrong information, and do not misperceive things!

The fundamental difference between animals and mankind is that the latter possesses a very advanced mind-mechanism which can process huge amounts of experiences, information and data. The pity and the beauty of the human head is that human beings tend to be limited, any given point of time, to an awareness of their body's condition, its needs like hunger and sex and the gathered data base! So, a human being is a potential calamity when he operates only from the insecure feelings dictated into his awareness by the body's survival instinct. When the survival instinct of an individual is activated, he cannot be in awareness of anything else. He or she also uses the skills that one has acquired only to fulfil the survival need. But the fulfilling of survival need does not stop with fulfilling one's basic needs like food, shelter and sex but goes beyond it and ends up in accumulation of material wealth so that one's tomorrows are also taken care of! Unless a person develops a bird eye view of life and satisfies himself that he or she does not need to hoard limitless wealth because survival process does not need so much of hoarding, he or she is irretrievably lost in fragmented awareness. Their awareness can never transcend the survival level. So, even people who run businesses worth millions of dollars could be simply operating through their survival instinct!

Nature cannot communicate the larger picture and higher wisdom to people who are locked at the level of working towards survival. Survival instinct is the worst enemy of mankind. (Incidentally, the reason women should take up the leadership is that it is very important to keep the species' survival instinct at its optimum. Irresponsible growth in all sectors as is being created by men might lead to depletion of ground water and as a result it may cause even shortage of food production. Without agriculture, no one can eat. Agriculture needs water, basically. So, mankind has to practice pre-emptive and preventive management when it comes to ensuring adequate food supply for all for all times to come! So ground water conservation is one of the top-most priorities.)

So, nature's communication is graded – survival instinct is also nature but nature does not treat human beings as only survival machines whose life has no more significance than eating and procreating. But how nature works is this way - when men and women first fulfil their survival needs and satisfy them then nature delivers the next level of wisdom which is the highest truth about life on earth. Next, Nature delivers that feeling of oneness, a feeling of all-pervasiveness, an all-inclusive consciousness, a sense of responsibility for the well-being of all, as against a focus only on one's own well-being!

So, there are two types or levels of people on our planet – those who are working at their survival level (first category) and those who have transcended the compulsion of the survival instinct (second category)!

The second category people by and large already remain communicated of this need for this shift in balance of power, feeling-wise. Many may not have articulated this but when this idea is presented they will readily agree to this because nature has, feeling-wise, communicated this decision to them!

All those people who do not support this idea of this shift will be deemed to have given their consent because the way is being dictated by a higher consciousness. Higher consciousness includes and understands all lower level consciousness. But lower level consciousness, which is stuck at the level of the survival instinct, can never understand what higher consciousness stands for! That's all. This is the mechanism operational in all human beings!

Nature does not send e-mails or text messages. Nor is it a member in any social media site. Its only way of communication with people is through the cable of feelings.

And human beings can acquire an over-all perspective of life only when they are out of their survival rat race. Till then, rat race is everything for them. They will not know anything else. A thing unknown to a man, does not exist for him! Many things may exist, many realities may exist in the world, but he or she may not know other perspectives when they remain stuck at the level of fulfilling their survival needs.

Nature is mischievous. It has created the structure and function of the life process in such a way that these two

categories of people are always at play. When the category one increases its activity beyond reasonable levels, nature activates the second category people so that a balance can be worked out!

Right now, the space-time in which we live, the first category is on its frenetic speed towards destroying the very basics of the planet's self-sustaining, cyclic ecological ways! The planet is being pushed beyond its thresholds of tolerance and hence nature has to work towards establishing the equilibrium because the very DNA of nature is equilibrium!

But then why only women? Why not include even men who might fall in the second category of people who have transcended survival compulsions? Even though a lot of men have transcended the compulsions of survival, their own highest levels of compassion and power born out of that compassion is apt to be just equal to the entry level of compassion and power that women represent! This is because they are housed in a male body and the instincts are apt to get altered depending on whether a life is operating through a male body or a female body! Still, the second category men will readily agree to this power shift and they will do all they can towards enthroning women on a global scale. These men belonging to the second category do not have any need to prove! They are above the ego-phenomenon which characterises the first category people. Ego is nothing but a sense of inadequacy at work!

What about women who are trapped in the first category of survival compulsions? All women of the world will

gradually but quickly come out of their compulsive tendencies once an assurance starts spreading that the world is moving towards a complete control by women-folk. Today, the insecurity caused to women does not come as much from animals and nature's vagaries as from the acts of men! And let us not forget there is a potential difference between men and women in terms of their compassion quotient. People with greater compassion levels are quick to come out of the compulsions of survival than people with less compassion. That is because compassion believes in oneness of all and believes in sharing and caring whereas those with less compassion believe in keeping things to themselves and not sharing!

Sustainability And Women

Sustainability or sustainable living is not a skill issue. It is an attitude issue. Yes, so long as our technology depends on fossil fuel, any amount of fine-tuning of the mechanics of technology is not going to solve the problem of climate change or air pollution. People who are ensconced in the comforts created by technology may not be willing to even look at the possibility of a slow-down, leave alone the possibility of a moratorium for a few years! Compulsive psychological states that are focussed on growth at any cost will not be conducive for the idea of sustainable living.

Any amount of effort to solve the problem of climate change or global warming will not bear fruit because these efforts try to work at the effect level instead of focussing on the cause level. It is like painting all the vehicles of the world in green colour and claiming that automotive

industry is absolutely environment friendly. Painting the vehicles green does not make the automobiles environment-friendly. Dealing with the cause is not the same as dealing with the effect.

Technology building is the skill side of knowledge. Knowledge has two sides – skill and attitude. Any amount of skill without the right attitude is disastrous. It is like soft-programming. Writing soft-ware programme is a wonderful skill but when that skill is used to hack other computers, it is a problem of attitude.

Attitude is what goes out from a person – his thinking, emotion and behaviour. What goes out from a person depends on what is already there in him or her – the raw materials of which he or she is made.

We know man's raw material and we know what a woman's raw material is. In terms of the material that men and women are made of, it is as if they belonged to two different species!

If we generally look at how attitude forms in people, it is obvious that those who are basically loving tend to be more reasonable, less reactive and more accommodative compared to those who are perceived to be unloving. Children raised in a loving home tend to display balanced attitudes whereas children who experienced troubled early-life circumstances tend to have some kind of imbalance – either they are extremely aggressive or inordinately submissive. The factor of love generally determines how healthy one's attitude is.

Added to this need to prove is the fact that any human being longs to expand endlessly. The spiritual outlook holds that all that an individual seeks in the form of material success is an indirect seeking for a re-union with his or own Self. It says that since the life energy (whose nature is to be boundless) has entered the limited body and is trapped inside the body, it tries to seek itself, by mistake, through material achievements and bodily pleasures. This is a crucial distortion and this perspective seeks to explain the futility of endless growth as conceived and pursued by men! So, the attitude distortion (in regard to men's approach towards growth) takes place at two levels – the psychological as well as spiritual.

Growth should ideally happen not out of a psychological need to prove or out of the spiritual distortion but it should happen out of a desire to make life comfortable and joyful but well within the limits of earth's carrying capacity and endurance threshold.

Now, the crucial logic. Why can only women make the world sustainable and not men? The total amount of love contained in any human being remains inversely proportional to both the compulsive need to prove and the spiritual distortion that we spoke of. The capacity for love acts as a brake on these two detrimental forces of outward growth. Love has a way of springing up in the form of sensible attitude. And that's why a woman is love is sensibility is sustainability!

Mankind may try a million ways to make the world sustainable but it will all be in vain. In a cause and effect

world, problems can never be solved at the effect level. It is preposterous! If we want to remove the effect, we need to remove the cause first.

What Would The World Be Like When Women Rule The World!

This chapter is in the form of a conversation between a father and a daughter in the year 3012 AD.

Now that the world is on a permanently sustainable course!!¹

A conversation in the year 3012 A.D. (1000 years from now!)

The conversation is between a father and a daughter:-

¹ This is the last chapter of my first book, “Life is fundamentally Management”, co-authored with Govind Babu, and is being re-produced with the permission of the co-author and publisher, Shroff Publishers & Distributors Pvt Ltd

Father: Where did you go my dear daughter? I didn't see you since morning!

D: I had been to my college, Dad. Have you forgotten today we are celebrating '1000 Years of Managed Life' on earth!

F: What did you all do?

D: We had a thanks-giving session! We were offering our sincere thanks to all those people who walked on this earth about 1000 years ago. But for their decision to adopt the principle of '**manage everything, don't leave anything to chance**', today we would have become extinct!

F: Yes daughter, I have some rough idea of what all they decided to do by the year 2012, long, long ago. Can you tell me in detail the decisions they took in order to make life sustainable on our planet earth?

D: Dad, last two days I had been sitting in my college library reading exactly about this. It is very interesting. By around 2012 A.D., I believe our ancestors had already invented technology. Worth mentioning are aeroplanes, rockets, computers, telecommunication systems, cell phones, medical equipments and so on. But, they had also invented mass destruction weapons like nuclear and biological weapons. Those weapons had the power to kill the entire earth many times over.

F: But, dear daughter, how and why did they refrain from killing themselves completely with such kind of mass-destruction weapons in hand? And if they had wiped everybody out, by this time, you and I might not be sitting here and conversing...!

D: Yes, Dad. Please don't think our ancestors who lived in about 2012 A.D were fools. Though they were very excited about the possibility of being able, technically, to create weapons of mass destruction, they all knew that they had the responsibility of saving life on earth. They all had deep love of life. They believed in free will. The leaders who had been living around that time were thinking beings. They understood the futility of developing further weapons and wasting the human potential on such fruitless exercises. They realized that the path of confrontation was a never-ending path. They understood that confrontation gave birth to further confrontation and that in a society made of individuals with almost equal capabilities, no one could ever win over the other by violent means. They understood this logic very well:- if X killed Y, then the chapter does not end there. Y's son, or friend or relative or community will retaliate X. When X's killed, X's son, or daughter, or grandson, or friend or relative would retaliate Y's followers. Thus, simply because the entire stupidity was commenced by some unthinking and remote X or Y, thousands and thousands of X's followers and Y's followers would be dying just because no one ever would stop to ask, "Is it all needed? Am I justified in taking to violence just because my father did? Do I have the right to kill a life that I did not create? Do I

have the God-like know-how to create a child in a laboratory?” And...

F: Daughter, How come today we are living on earth so peacefully, that too, with just one government, all the 6 billion population being managed very well only by one federal government called THE UNIVERSAL GOVERNMENT?

D: With the advent of the Internet by around 1995 A.D., information explosion took place. People around that time came to know of all that was happening in any nook and corner of earth. People had seen some vexing and futile wars like First World War, Second World War... and incidentally the Second World War was the last of the so-called World Wars! They soon realized that the prevailing system of nation-states was the culprit. Soon, they started moving towards a world without 'individual countries'.

People started migrating to other 'so-called' countries. But, people migrated with a sense of responsibility that whichever country they migrate to, they would become a responsible part of that country and that they would contribute to the peace and happiness of that country. This way, people started marrying across races, cultures and religions, all in a peaceful and mutually agreed fashion. ...

F: Yes daughter. And that accounts for the total peaceful life we have been living for the last 1000 years! Though we have many religions, we see religion as adding

colour to our life. As you know very well, I belong to one religion and your mother belongs to another. You would have noticed in our car-plane, I have kept the pictures of all Gods. I am sure you will also marry a boy who belongs to some other religion. I am sure if our ancestors of year 2012 had been alive today, they would be surprised to see how we celebrate life with a lot of inter-religious marriages. And don't you think our ancestors, if they had been alive today, would be surprised to know that after year 2050, planet earth saw the birth of 100 more religions, each upholding a valid principle of co-operative and collective living! Of all the new religions, the one deserving a special mention is the religion called SCIENTIFIC LIVING! This religion gives precedence to scientific thinking over sentimental thinking. Their argument is that all the well-being and comfort that humanity enjoys today has been brought about by science – the car they drive, the watch they wear, the multi-storeyed building that they live in, the plane that they travel by, the train they travel by, the soft-drink that they drink, the good bridges and flyovers that they use so conveniently, the pace-maker implant surgery they undergo, the by-pass surgery they undergo, the computer they depend on, the mobile phone, the video-phone, the high-speed rockets with which we travel today to other planets so easily - all these good things have been given by science! So, SCIENTIFIC LIVING is one of the most respected religions today. We can say that all the people of the world today have two religions. For all of them, the first religion is SCIENTIFIC LIVING and then their second religion of their choice!

D: Yes Dad. I also think if God were to appear in front of us, He would also advise us to basically subscribe to the religion of SCIENTIFIC LIVING and then still be a part of whichever religion we want to be. By the way, Dad, you were asking me if I would go for inter-religious marriage. .. I am sorry I did not tell you... I have already seen a guy...that is a surprise.. Let mummy come from Mars! Dad, by the way, has she taken a Public Transport to Mars or has she gone by a private taxi-rocket?

F: Daughter, I think your mother has taken a private taxi-racket along with a few other friends of hers – they are having their alumni meet over there!

D: Now, Dad, I was telling you about how people started losing faith in the countries-system and how they started giving less importance to geographical boundaries! The moment they realized the futility of having countries-system with geographical boundaries to guard, armies became redundant and useless. And you know Dad, when the news spread that armies were to be disbanded, those people who were serving in the armies of all the countries of the world gave a big sigh of relief! How much they had been longing to lead a civil life - happily reunited with their wife and children! Leaders of 2000 Millennium deserve a great applause for doing exactly this!

F: What happened to all the weapons of mass destruction and arms and ammunition and the warplanes?

D: Most of them were dismantled or destroyed. Some of them are kept in the Universal Museum. And when I saw those bombs, I did a 'hats off' to our ancestors for realizing that life is life-ward and not death-ward! How easy it would have been to wipe out the entire life on earth if they had chosen to do that! 'Thinking' was a God-like quality in them! We are here still alive because of their thinking attitude... And Dad, did you know what happened to all the advanced supersonic fighter planes? All their air force planes were converted into Tourism Planes, used for joy rides! 'Per hour, per person on a fighter plane – \$100 at supersonic speeds!'

F: Daughter, what other issues were around 2012 A.D and how did they solve all of them? What particularly happened around that time which brought about phenomenal changes on the surface of our mother earth?

D: They just turned the dial. Turning the dial meant raising the bar, too!

F: What did this raising the bar of challenge imply?

D: Raising the bar meant altering several things that were needed to put the planet on a permanently sustainable course. One remarkable decision was to adopt the Irreversible New Pricing Policy (INPP). INPP brought about sky-high soaring of prices when it came to any product made out of earth's non-renewable resources. Especially fancy machines and fancy gadgets. Food was

made uniformly cheap. Dress was made cheap. An automobile came to be priced a thousand times more expensive compared to the 2012 AD prices. Everything for everybody at cheaper prices, they realized, was man's misaligned imagination. Everything was available to everyone, but at a huge price. Sometimes the price was equivalent to all that a person earned during one full lifetime. Very huge prices became indicative of a person's futile effort to satisfy himself at the expense of others' well-being. Very huge prices pointed at excess! They understood that when it came to the macro resource situation, the demand could never determine the supply. Rather, the demand had to be tailored to the available supply!

F: What other issues were there and how did they turn the dial?

D: A lot of other issues were there. They had been depleting the crude oil at a fast pace. Those countries who owned the oil sources started giving a serious thought. They started asking themselves, 'what will happen to our economies once oil is exhausted?' So, they all decided to dole out oil in small quantities and hence the oil usage got extended for 800 more years.

F: Did not the other countries object to this?

D: They objected. But, those days, around 2012, they had the nation-state system and they had the concept of sovereignty. Sovereignty meant, among other things, any country had an absolute right over the resources

within its border. And sovereignty was a well-established concept and every nation respected it. Interestingly, around this time, with any country there were two types of armies – one was the military and second one was the intelligentsia. No country could afford to antagonize another country's intelligentsia because the intelligentsia of any country was distributed almost around the entire globe!

And the species started appreciating the fact that growth did not mean blind-folded rat race. They started understanding the truth that conserving was also part of growth. Growth was not just quantity alone, growth was quality, too. They saw meaning in sacrificing quantity at the altar of quality and long-term considerations. A sudden realization that dawned on humanity's thinking shook the whole world's perspective when they admitted the fact that the competitive growth targets adopted by countries were just in competition with each other and not in competition with any another planet! So, the rat race, they understood, was fuelled by the Conditioned Mind's property of comparing oneself with others! So, there was nothing external validating the indiscriminate obsession with growth rates. It was due to misaligned interiority of people!

By the way, they also brought about a revolution in the way manufacturing of commodities was done. Goods were manufactured only against orders. The concept of ready-made goods being stacked went out of vogue. This prevented huge wastage.

F: Very interesting. But, what about the revenue loss for the oil-selling countries?

D: No, they did not have any revenue loss. In fact, they sold less but earned more. The price was revised upward and they also started collecting huge advance money. For the oil that was to be supplied a hundred years later, they collected money today! Within sometime, these oil-dependent nations started developing other verticals of business like Information Technology and Medical Sciences. They became very strong in other verticals also so much so that they no longer had to depend upon oil sale alone!

F: Was economic growth slowed down because of this doling out?

D: No, the countries started focusing on alternative fuels. Necessity proved the mother of invention. They invented more ingenious ways of producing energy! The stopping of frenetic manufacturing activity for a while gave the whole world some time to think about the future course of action. They switched to solar and herbal energies. Only about two hundred years ago, the last barrels of oil were used up! A few barrels of oil have been kept in our museum, too.

You should definitely visit the museum, Dad. The second problem our ancestors faced was deforestation. But, wisely, they all switched to a lot of recycled steel furniture instead of wooden furniture. All the governments of the then prevailing countries banned

use of wooden furniture and anything made of wood. People had to obtain special permission to grow trees specifically for the purpose of consumption. And this was negligible quantity. That is why we have such beautiful green cover throughout the globe. And if people of year 2012 had been alive today, they would be surprised to know that today we all offer regular prayers to all trees and forests of the world! We are so grateful to these trees that give us oxygen to breathe!

F: How did the changed scenario affect the aviation industry?

D: Rather than talking about the aviation industry, I will talk about what the would-be airline aspirants did. Groups of aspirants who also wanted to join the bandwagon of operating airlines, caught up with a brilliant idea. They pooled their monies and started crisscrossing their countries with super-fast bullet trains. If plane took 2 hours to reach a destination, bullet train took 3 ½ hours. It did not make a huge difference to the people. The extra time was off-set against the time taken to reach airports. And trains had all the amenities – rest rooms, restaurants, bars, mini cinema theatres, conference rooms, etc! The aspirants did not spare even villages.

F: But how did they connect villages with such big trains where there was not much of traffic movement? How did they make it viable?

D: They did a brilliant thing. They designed single-file-seating trains which ran on foot-gauge. There was only one column of seats in those trains. In fact the train track that runs across our garden through our neighbour's garden is exactly the same train track! Foot-gauge did not consume much of space and even private households were ready to offer some land to facilitate construction of such railway lines!

F: But what about land availability for constructing broad gauge lines?

D: Again a brilliant idea! The entire bullet train tracks were raised on pillars. All that these people had to do was buy space sufficient enough to raise a pillar. Excited by the possibility of bullet trains offering reduced travel times for billions, a lot of people even offered their land-space free of cost, although the companies offered them some financial returns! What did you think of those people who lived around 2012 AD Dad, they were really thinking people!

F: What did they do with the burgeoning automobiles number?

Automobiles were permitted for emergency purposes, especially medical emergencies. Rampant taxi system eliminated need for private ownership of automobiles. Corporate companies started integrating workplaces with residential complexes and it was made mandatory that employees of an organization also lived within the premises. This eliminated the need for private vehicles

to a considerable extent. In fact, in the long run, 70% of the world transportation was government-owned. Only 30% was allowed for private ownership!

Another major development was the automobile industry invented the path-breaking cake-engines. Yes, they invented engines which were of the size of a one-kilogram cake that we see in bakeries! This high-density engine used highly compressed fuel and hence one litre of petrol gave a mileage of 1000 miles! Thanks to the INPP, the automobile companies started making incredibly more profits by selling fewer and fewer vehicles. The automobile companies realized that they deserved their profits not because of mass-production but because of possessing the know-how in the first place!

F: Wonderful! Daughter, I have one major question. You said the leaders of the world around year 2012 had been thinking ones and they solved the problems easily. You did not tell me how those resolute war-loving and war-addicted men changed so soon?

D: Dad, good question. Something very, very crucial happened around that time. Nature did a small tweaking! Seeing the dangerous course mankind was taking, nature gave a boost to the consciousness of women. Throughout the globe, women started entertaining a sense of urgency about taking control of the world. Otherwise, they feared, it would become too late to save the world.

F: And what did that rise in consciousness make them do?

D: They just stormed the world by taking up all the Executive Positions of the world – offices of the Presidents, Prime Ministers, Governors, Collectors, Administrators...everything....from top to bottom... all the political authority was monopolized by women!

F: How was it possible? How did men allow that?

D: It was easy because by around year 2012, all POWER stood institutionalized. Power was no longer the physical power that an individual would wield with his or her own two hands! The President was a President whether the person was a male or a female! The offices of power were gender-neutral! That made the job easier!

F: And what was the rationale with which women justified taking charge of the world?

D: They spoke truth. They wanted people to look at the human history between 1000 AD and 2000 AD. Honestly, the millennium was filled with growth for mankind – technology was invented to the extent that they even landed on the moon, after admiring the moon as a subject of poetry for thousands of years! But if you looked at life in general, there had been 'n' number of wars. And in the name of conquest of territories, MEN had killed millions upon millions of people unnecessarily. They had tortured inhumanly their own brethren in the name of war. Even today, my blood

boils when I think of the atrocities men had inflicted upon men in the cause of petty and imaginary geographical borders. They all had forgotten to ask one question: Nature gave an earth. Did it give it with borders?’’ There was no justification to the wars except the *thinking* of those leaders who took to it. The years 1900 AD to 2000 AD had seen hell-like happenings – two World Wars and after that petty and futile wars in the name of geographical borders and untenable ideologies! It is not that MEN were so particular about winning over the geographical borders but that MEN had become addicted to this confrontationist thinking. Confrontation, waging wars and killing people had become part of their psyche. Men had had a very long history of confrontation due to the compulsions of survival, which depended for quite some time in evolution on the deployment of direct physical powers of a man. Trapped within their own war-seeking psychology, men could never take a distant and different perspective on life. So...

F: Women placed themselves at the helm of affairs of planet earth.

D: Yes. Fully. Totally..

F: Was there any other valid argument in favour of women taking charge of the world urgently?

D: Yes, there was one major disconcerting realization, Dad. **Changing the male psyche could take a much longer period of time than the perceived dead-line**

within which the world had to be turned around towards sustainable living. That was because the male of the species had been conditioned a million-fold to think of life only in terms of success, which meant sheer material success. Just one aspect of the whole life process had been magnified a million times in the minds of men. So, weaning them away was a time consuming process and there was no time available. Hence, the need for this paradigm shift! Hence, the female's approach towards life was enthroned!

F: What was the guarantee that women would not err?

D: Thousands and thousands of years of nurturing life, Dad! Women carry 'life' inside their own body, nurture that life tenderly, give birth to it, and nurture that child even after coming out of her womb.... How difficult, Dad, it is to keep a child alive in the first one year of its birth! You have to feed the child on time, make the child sleep peacefully for sufficient number of hours, give the child a bath without choking him or her, give that limited portion of medicine when the child is not well because that tender body may not take an excess of even one more milligram of medicine....all this, Dad, do you think it was in the psyche of men?

F: No dear. I understand! Even today, women hold all the Executive positions! But, still...they care tenderly for both home and the world around them! I am happy for that reversal of role that took place around 2012. If women had not taken charge of the world, may be today, we would have been a less happy lot! Or maybe

we would have been wiped out by the unthinking acts of MEN! Men had moved history for so many thousands of years...though most times in the wrong direction! Anyway, MEN needed a break! Not that men are sitting at home and cooking today.. men are even today as daring as they used to be. Not that MEN today don't fight wars. But they have been reconditioned to fight different wars.... they now fight entertainment wars, sports wars, get-the-best spouse-wars, conquer-space wars, ensure-justice-to-everyone-wars, keep-the-planet-clean-wars, create-the-best-tourism-area-wars, keep-the-rivers-cleanest-wars, yoga-practice-wars, and so on...all constructive wars!

D: Dad, why are you using the word 'war' again, if that does not mean the same as killing people as it used to indicate around year 2012?

F: Daughter, life on earth is always a war. War of the unconquerable human spirit against anything that will diminish human happiness or human dignity. But, out of ignorance, men had been fighting kill-the-people-wars until around 2012 A.D. After women taking charge, men had been weaned out of wars and killings. Don't forget – the MIGHTY, MIGHTY MEN OF THE WORLD ARE JUST CHILDREN OF THEIR MOTHERS! With mothers, remoulding their children is just natural! *Daughter, now I understand how women would have made men understand that wars were not rooted in reality, wars were only rooted in the psychology of men!* Today, men are equally caring and loving as women are. Nice...daughter..Very

illuminating discussion.. and tell me daughter, what did women do after monopolizing all the executive powers of the world?

D: First and foremost, they treated MEN with dignity!..

F: Oh! They are mothers! How can they ill-treat their own children! And then...

D: They all immediately disbanded the army system and countries-system. They formed what is prevailing even today – THE UNIVERSAL GOVERNMENT. It was a federation of all the then-countries! They disbanded armies but kept the policing system. There was a debate if even policing was needed. But, they came to the conclusion that HUMAN NATURE, PER SE, NEEDS REGULATION. They all adopted a stand that HUMAN NATURE NEEDS TWO THINGS – ONE IS LOVE, ANOTHER IS POSITIVE REGULATION. Hence, they concluded, ‘REGULATE OR PERISH’.

F: How did they arrive at this conclusion?

D: Dad, armies were disbanded easily and it caused no problem whatsoever. Because, it was announced that anyone living on earth could move to any other part of the earth without any restrictions. And hence women had no longer to think about ‘guarding’ the boundaries! Boundaries had existed only in the minds of men! But, when it came to life in society in general, the need for policing and regulation became indispensable.



F: Why?

D: Without policing and regulation, people would not behave. On an experimental basis, the Universal Government wanted to declare a total holiday for law and policing for one full 24 hours and watch how men behaved. Anybody could do anything to anybody that day. No questions asked. No interference from any agency whatsoever. It was a free for all.

F: What happened that day?

D: Nothing happened! That day was not declared at all! All the people of the world sent an appeal to the Universal Government never to go for such a costly experiment! Based on the reasoning of the people of the world, the Universal Government retained policing, laws, regulations, protection of properties and wealth that individuals earned out of their work.

F: But my dear daughter.. I have one more major question. The leaders were thinking people, I agree. They understood the fact that mankind was living on a small ball, i.e., the earth and they understood the fact that earth's environment had to be maintained in a healthy fashion in all respects if mankind wanted to lead a happy life forever. But, without also educating the entire global population, how could they have obtained the co-operation of the masses?

D: Dad, good question. You will be surprised to know what they did in order to educate each and every

individual who walked on this earth. They brought the entire public electronic media like television, radio and internet under their control. In a synchronized fashion, all the televisions, radios, and the internet social media of the world started propagating all the necessary information at the same time throughout the world, giving allowance for sleeping hours. They bombarded the heads of each and every individual of the world with life-sustaining information. The sample for those information are:- 'do not use wooden furniture, trees give us oxygen to breathe; do not mix dirty industrial waste into rivers, anybody at any time should be able to walk into a river and quench his thirst; Nature gave us a pristine pure eco-system, let us preserve it; beware of the human number on this planet, currently, it isso many today, it should not cross so many; don't compare yourself with others, do the best that you can in your place, that is the greatest challenge of life' and so on. Around that time, if some surgeon had to cut open the skulls of people of different regions of the world, he would have been surprised to see the same set of vital information contained in the brain of each and every one of them! The women leaders formed what is called THE UNIVERSAL SUSTAINABILITY-ENABLING INFORMATION ADMINISTRATION SYSTEM (USIAS). And even today, when we switch on our TV at 9.00 a.m. all the channels show only one thing – the state of affairs prevailing on planet earth and the do's and don'ts for us to follow! This service has been of such great importance that it has been in practice for the last 1000 years!

F: And how did they catch hold of the young minds? Because I have read somewhere that we should 'catch them young'.

D: Brilliant job they did, Dad. In schools and colleges, the first compulsory lesson was ORIENTATION TO LIFE ON EARTH. This was taught compulsorily to all children above 10 years. The youth of 2012 started discussing the sustainability topics with the same amount of intensity and interest that they showed in their girl friends or boy friends! The topic became a rage. The youth being embodiment of love and innocence, they understood the state of the world immediately. They became venerable leaders of the world later in their life. They took absolute charge of the world. They loved life and hence they were ready to accept any amount of responsibility to make earth a sustainable heaven. They started asking this foundation-shaking question repeatedly, "the well-being of all or the well being of a few individuals?"

F: How did the youth take the request for a small number of populations on earth?

Dad, the youth of the day were thinking individuals. They understood, without emotions, the compelling reason why this request to reduce the human number was placed. They understood that an over-sized population would ravage the planet from every single angle. They understood that only the right human number on the planet could contribute towards a happy, uncongested, relaxed and beautiful world. Where

everything was available to everyone! And they realized that it just was in their hands. And hence they just threw the yoke of compulsive child-bearing tendency. Today life is beautiful because we have kept the population within limits! After the message about the population situation was telecast in television repeatedly, within a few decades the human number started showing progressive decrease!

F: Daughter, what did they do to decongest the over-crowded cities?

D: They took the fizz out of cities by spreading the fizz across towns and villages. Geographical movement was discouraged except in the context of tourism. The need for business travel was obviated by the advanced video-conferencing facilities. Instead of thousands flocking to cities for jobs, a few CEOs started establishing offices and travelled to small towns and even villages. Talent remained distributed geographically.

F: Did they also raise this question of whether a city was a desirable condition or an undesirable condition created by the misaligned practices resulting from un-balanced thinking?

D: Yes, they debated. They concluded that a city's size was a matter of choice and not a matter of chance. So, keeping in mind the ease of congestion-free commuting, the lung space needed per person, drainage possibilities, waste recycle-capacity, availability of

clean air and noise levels, they started determining the extent to which a city could spread!

F: What about the attraction of shopping in major cities?

D: The strategy was changed. Instead of heaping all the products in major cities, the major brands started opening small outlets even in towns. Soon, everything was available everywhere in required quantities.

F: And when did they introduce this 5-km-radius-no-automobile-zone in every city?

D: By around 2020.

F: Why did they do it?

D: Dad, the way cities were growing, they were becoming over-congested with too many people occupying the same city, too many vehicles running on the same volume of roads, the accompanying pollution and noise, all this made them think of a 'heaven within a hell!', so to say. The hub of every city was made automobile free. They cordoned off the five-km radius with fences. Inside the five km radius, it was only walking, shopping, reading, lazing around, lying down, eating, music-playing and dancing. For the aged and disabled, they provided wheel-chairs. Even palanquins were available for the aged. There were volunteers carrying these palanquins across! The five-km radius was so full of trees that in tropical countries, this stretch of five-km was equal to heaven even in hot summers!

F: Daughter, in the area of genetic engineering, I understand cloning became a possibility around 2012 A.D. What did they do with that?

D: Dad, they all realized that whatever is technically possible to do, need not also be practiced! The power to invent was not the license to use it! Take the example of atomic bombs. One country could have claimed that if they put 100 of their bombs, they could wipe out entire life on earth. Another country could have bragged of just 50 of their bombs doing the job. Yet another would have worked harder and harder and come out with this proud claim, 'our one bomb can wipe out life on earth a thousand times over'. But people started asking this question: 'Fine. All that is fine! All your efforts are well appreciated. You have done a lot of hard work. But, IS IT NEEDED? Is the challenge of life continuing to live or decimating ourselves?' The same way, people asked, 'You can clone one individual into a million more. That will be technically a wonderful work. But, is it needed?' This is how they DECIDED that they would not meddle with the harmonious functioning of nature. Cloning became a forgotten subject. People dared not step into nature's territory of creation!

F: And what did they do to preserve all the species of animals? It is amazing to see the variety of animals that haunt our earth even today! What did women leaders do to save the animals?

D: They simply decided! Yes. They decided animal territories would be earmarked and that man would never ask for a share of their habitats. That's it.

F: And how did they convert moon into an inhabitable place?

D: They just decided! Yes. They decided we needed a new picnic spot. They pressed scientists into that work. That's it.

F: And how did they stop killing of animals for the sake of food?

D: Th....

F: They decided... Is that what you are going to say, daughter?

D: Yes. The women of the world had understood that, 'IN THE DOMAIN OF HUMAN AFFAIRS, DECISION IS DESTINTY!'

F: Daughter, how did they bring about a permanently sustainable course for life on earth?

D: They decided they would not leave life to chance. So, they pressed people into creating working models for a permanently sustainable course. It was an elaborate mathematical model. Since constants were taken into account, working out the model was just easy. Then,

keeping the model as a constant, they started working backwards. Every small detail in any area of life, be it resource use, or be it the number of automobiles to be manufactured or the number of vehicles that could ply on any given road, everything was to conform to the model. And there were no exceptions. Above all, the whole species had moved away from their Conditioned Mind to being their Real Self. This switch made millions of ambitious people revise their goals in the light of sustainability. The major hurdle had been the conditioned mode of thinking. The moment the entire species switched to Real Self mode, the job was unimaginably easy! In fact, a lot of greed-driven businessmen were taken aback when they realized that they had spent a life time driven crazy by floating mental files which had no validation! Because when they listened to their Real Self, it was saying something else!

F: Thank you daughter. I am proud of you. You are such a thinking person at such a young age! You are really your Real Self! Let us all continue to live a thinking life so that when another conversation takes place between a father and a daughter or a mother and son in the year 4012 A.D., things are much, much better than how things are today in 3012 A.D.

D: Thanks Dad. I am proud of you too! Let me attend to the telepathy mails that I have received today....there are so many to reply to! I need to close my eyes!

9th February 3012 A.D.

What Next?

It is left to the women of the world. Among them, the more educated and contemplative ones will first allow this message to sink in them that such a monopoly by women of all political and other power is the need of the hour and this is the beginning of a very smooth journey for mankind and other animal and plant species of the earth. Such a seed marks the beginning of a totally managed era where nothing is left to chance.

The educated women and those women who fall in the second category will see this shift as a necessity and even as an indispensable condition if everything has to go smooth on the planet, given the background knowledge that all is not well with the way men are conducting their affairs on earth. Today everything looks fine – we are all comfortable with the plethora of technological inventions and gadgets. But when we extrapolate the graph and see,

the future is in for a lot of serious problems like water shortage to food shortage to climate change to health hazards to a woefully inadequate waste management system.

Since the male psychology is running the planet right now and since the male psychology is rooted in a compulsive and competitive need to prove itself and expand beyond limits, the women of the world will give serious attention to this fact that our planet is a limited place, in spite of all the tons of positive thinking! Desires expand endlessly but the planet does not expand itself correspondingly. So, women will start realizing that when the 'Kingdom of Queens' rules earth, everything has to be appropriate and within limits.

Women will start deriving a sense of complete authority when they realize this fact that there is no area of human activity, be it military, or political or social or sexual, which needs any kind of concurrence from men. The order of the day will be 'as a woman thinketh!' The buck and authority will stop with them. Decision-making will be completely theirs! There will be no need to consult any other higher source because that higher source will be found in their own compassionate and level-headed approach to life's issues. Women will give enormous importance to this fact that there is no power higher than compassion and hence they will start re-arranging and re-organizing the priorities according to a value system which will in essence be around permanently sustainable living, growth within defined boundaries, the right human number, regulated human aspirations and respect for

earth's carrying capacity and its recycling processes. Consumption will always be pegged at 40% lower than earth's maximum capacity and offering and hence a sense of plenty will always prevail instead of a sense of depletedness and want.

And women will start realizing this fact that they have an obligation among them to empower each other and spread this message on a war-footing in order to save life on earth from undesirable consequences that are predicted to come out of the current patterns of consumption and growth.

Women will see wisdom in introducing the concept of virtual showrooms where only multimedia presentation of products will be available for viewing. The showrooms themselves will exist only on the web and no longer be present in physical buildings! The era of showrooms with manufactured goods will disappear and production will take place only against orders.

Women will also realize this that the turnaround of the world to a sustainable mode is impossible if it is left to men and hence as a matter of duty towards their children they will start working on this shift with a great sense of urgency. The ground having already been cleared in the form of the creation of gender-neutral offices of power, women will easily grab all the political offices of power across the globe in no time, of course, the democratic way. Magical turnaround will start manifesting the day women have grabbed 85% of the world's political offices of power, i.e., the executive President or Prime Ministers'

offices. What transpires after this milestone will be fairy tale by today's standards.

Such a possibility of women monopolizing power would not have been a possibility even a hundred years ago. It is hardly any time since the introduction of women's franchise! Yet, the possibility of this shift has been enabled by another major technological development – the birth of mass media and the internet! Today there is no such thing as technical difficulty in reaching out to people! It is only a question of will!

No other time in human history could have been as conducive as the present time for this shift to take place! Hence the women of the world will take full advantage of these conducive forces and march ahead to bring the world under their total control. Women, in the nature of things, cannot proceed from a malicious desire for using power as it is anathema to their core nature. Even if sometimes women of the first category enter offices of power, they will be dethroned the moment other women leaders sense any kind of malafide intention.

Once 85% of all political power, including the cabinet membership is won, women will start working out a new set of policies which will be born out of a realistic assessment of the needs of all of humanity, and the needs of all other species on earth, too. Scaling up of production will be scaled down to satisfy the basic needs than to meet the fancy and imagination of those people who operate from a need to prove themselves which itself originates

from the insecurity arising out of living this life inside a live human body surrounded by potential dangers.

An elaborate carrying capacity study will be conducted and its contents made known to people on a regular basis so that people can self-regulate themselves in regard to consumption and expansion. Such a study will also stipulate the upper limit to the population size that can live happily on earth without having to scramble with each other for space and resources.

With all this in mind, women of the world will share these thoughts with other women known to them and hence the message will have spread like a forest fire within a short period of, say, five years from now. Every country goes to polls once in every four years or five years and in a succession of four elections the job should have been done, if worked on a war footing!

This shift in power is not only the need of the hour but also a correction in the status quo – so far, the world has, anyway, remained biased in favour of men. Now, whichever way we look at it, either as a correction of the existing status or as an emergent necessity of the times, the shift is inevitable and whole-heartedly acceptable to all because it is reasonable!

Reversal is one of the powerful lateral thinking tools introduced by Dr. Edward de Bono. Earlier, we used to put the thread in the back end of the sewing needle. A revolution came in stitching when we started putting the thread in the front end of the needle! Earlier, it was the

upper portion of the wet grinder that used to rotate. Revolution came when the bottom portion was made to rotate. Just reversals! The same way, instead of men ruling the world, women will now rule!

Can Men-Folk Redeem Themselves?

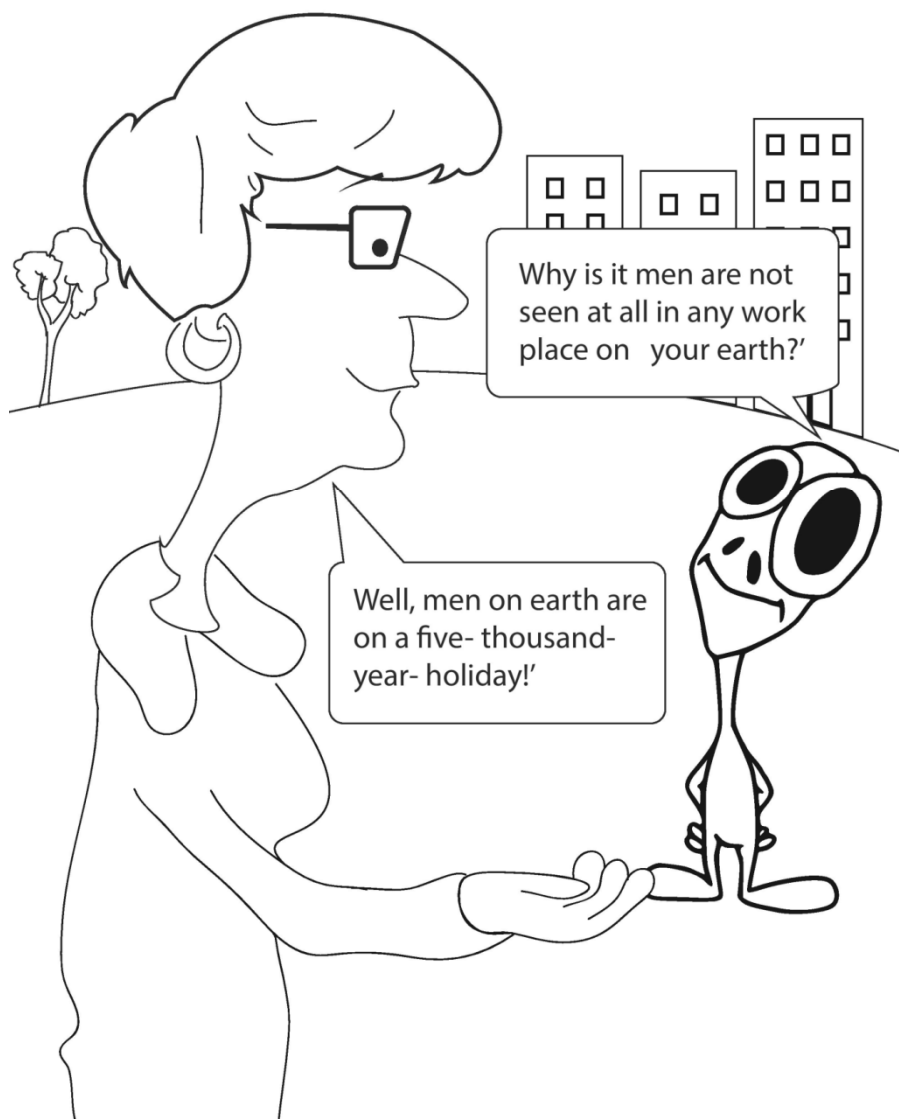
In other words, can men continue to be the rulers of the world? It is a remote possibility and it will be made possible only with a colossal amount of work on the part of men. When we say work, we mean a work of a different dimension – the kind of work that will gradually lead to a phasing out of their compulsive nature of existence! And that work is each man spending not less than 4 hours in meditation on a daily basis!

Meditation, in the sense of switching off the mind-machine that runs inside each man, will open doors for men to access another level of experience and the effect of this experience will lift men above their compulsive way of living. The inner imperative to expand materially will be subdued. Continuous meditation will slowly infuse a sense of inclusiveness on the part of men and as a result of this feeling of inclusiveness men will start being less forceful

and less fierce in their attitude towards life. Meditation will bring about an attitude of responsibility towards managing the macro scenario of earth in a healthy manner.

Technically, it cannot be explained how the process of meditation will pave way for such an inclusive consciousness. It is subjective and experiential. The author vouches for it through his own personal experience.

The fight on earth today is between mutually opposing forces – exclusive consciousness and inclusive consciousness. Men are already standing on the lower rungs of consciousness by virtue of their strong need to prove themselves and compulsive propulsion to expand beyond limits. And if they don't meditate collectively, there is no way they can bring about an inclusive consciousness.



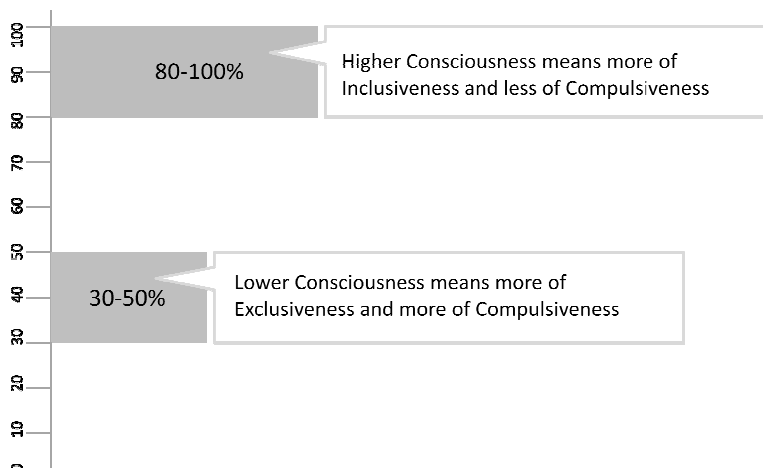
Any amount of work at the psychological and physical domain will not enhance their consciousness. Compulsion is the opposite of consciousness.

Nature has prescribed unwritten laws for raising of consciousness – either be compassionate towards all there is or sit and meditate so that you can forget your body-mind phenomenon and access that over-whelming feeling of oneness.

To people who are not initiated into meditation, this suggestion will sound ridiculous, un-connected and far-fetched. Men who have some experience in meditating will readily grab the logic because they will have an inner knowing that this is the absolute truth!

Dr. Scott Peck in his book, ‘The Road Less Travelled’ says that the Western psychiatric literature possesses thousands of documents on psychotherapy but never have they mentioned the power of love in healing patients. He also points out that the Indian yogis make no bones about the fact that what lies at the back of their yogic power is love! This book will continue to be monumental because of his recognition of a dimension which underlies the psychological domain. Psychology does not operate strictly within the limits of thoughts and memories. Psychology accesses a deeper dimension and this deeper dimension has tremendous power in altering human psychological states. Real psychology lies in going deeper than psychology!

Consciousness Level Hierarchy



So, men have to constantly strive to develop an inclusive consciousness which is missing right now and this missing can be seen in the manifestation of global issues like climate change, unbridled material production and population rise. Inclusive consciousness is responsible consciousness and it takes into consideration the well-being of the whole any given point of time. Men today represent fragmented consciousness which is exclusive consciousness. Exclusive consciousness is 'I-only' consciousness.

'Life is fundamentally management' is the title of our first book and it was a caption borrowed from the words of a living yogi. When these words come out of a yogi's mouth, it becomes all the more significant because a yogi is one who has experienced himself, at the level of his individual energy, as one with the whole of existence. One who has experienced the oneness with the existence will also

perceive effortlessly the truth hidden within existence. The truth about the existence of which we are an integral part seems to be that we need to manage consciously every aspect of function that happens in existence - be it as simple a thing as an individual managing his weight to as big an exercise as determining the global population's size or the extent of mining that will be allowed! The spirit of the caption is that nothing is left to chance or nothing is left to the decision of those people who are stuck at the level of exclusive consciousness!

So, if men do show resistance to this idea of meditating for four hours every day and if they continue to assert themselves at their compulsive level of existence, then they will inevitably pave the way for women's enthronement at a much quicker pace!

Men and women are being constantly acted upon by nature although it is also true to some degree that the opposite is happening, too. But, in case things are pushed beyond limits, nature will start using its balancing mechanism by making use of its tweaking principle! Nature will bring balance at any cost!

Ego vs Consciousness

Human beings need, for their everyday functioning, an operational software which is available in the form of one's own conditioned thoughts and beliefs. Mere thoughts and beliefs cannot function in the absence of a fire-power that ignites them into action. And this fire-power is the life-energy ticking within every human being, says the spiritual outlook. So, the life-energy, the survival instinct of the body cells and thoughts and beliefs put together boil inside one's head to create the soup of one's 'sense of who you are'. This sense of 'who you are' is a spectrum with two extremes – the ego in the sense of a negative force on one extreme and consciousness on the other. (Consciousness is not equal to sentience or sensation or mere awareness. Consciousness is defined as that dimension which takes away the compulsive mode of existence from human beings). All human beings on earth represent different positions within this spectrum and depending upon where

they stand, they tend to be either more aggressive or less aggressive, express more drive towards success or less drive towards success, display more aggression and exclusiveness or more amiability and inclusiveness.

The life-energies of a person can be called 'life' also, but not in the meaning of the whole processes of living that is happening on earth. Here, 'life' means that which keeps us alive. When that 'life' goes, we fall dead – we are talking about that 'life' here when we use the words 'life-energies'. As per the spiritual theory (not any religious), the life-energy which is trapped inside the body is always seeking itself, seeking a re-union with its own self. But, simply because it has got into a human body and is entrapped, it is trying to seek itself, by mistake, through the body-mind phenomenon. Here its search takes the wrong route and since the original nature of the 'life-energy' is to expand limitlessly, it wants to expand in material terms instead of expanding the spiritual way. This distortion accounts for the endless desire on the part of human beings to expand limitlessly in all their pursuits on earth – more pleasure, more money, more business growth, more land acquisition, more indulgence in alcohol and drugs, etc. It is specifically for this reason that mankind has to ask the basic question again and again on a daily basis - 'what is the ultimate goal of mankind?'. As humans living on a limited planet, are we going to seek limitless expansion in terms of manufacturing of goods, gadgets, machines and consumables? If every single individual is imbued with this strong desire to expand endlessly, is it possible to have a sustainable planet? Will we not deplete ground water in no time because of the excessive drilling of bore wells? Will we not

over-pollute earth's atmosphere by the indiscriminate burning of fossil fuels? Are we not occupying more and more of earth's real estate and causing habitat-shrinkage for animals? Aren't we causing plant and herb extinction by spreading our urban areas indiscriminately and by making inroads into green-cover and forests? Where is the limit to such kind of growth? When ego rules, no amount of growth will be sufficient. With ego, endless growth is the natural order.

So, ego, in the sense of extreme need to prove oneself is an unhealthy and rather dangerous psychological state to possess. The newer and younger generations that are yet to come also need this planet to live on. If material growth and material success is all that we want as a species, then are we not living a life of fragmented consciousness? A consciousness that is full is supposed to include a 360 degree view of life which includes the fundamental spiritual perspective of 'the ultimate goal of mankind is liberation'. If we choose to ignore this spiritual perspective that our goal, as a species, is to work towards 'liberation' (freedom from the very cycle of birth and death), then we are left with the only option of 'living happily forever on earth'. If this is our goal, then we have to take the idea of sustainable living much more seriously because, in the absence of human beings seeking liberation, we have no other option than to remain forever stuck to this material pursuit and material happiness. And the way our material pursuit is being conducted right now, we may need hundreds of inhabitable planets! Our earth, with its limited resources, cannot cater to all the material desires of all the existing people and the people who are soon to be born into

this world in the future. In our predicament of no other planet being available to us right now, we definitely need to redefine the meaning of the very word 'success'. Very drastic changes have to be brought about in our life-styles so that our consumption levels are pegged at a much lower level than where it stands now. We need to raise the bar of success by a hundred more notches from the current standards. If everything is available to everyone at a cheaper cost, then, we will very soon deplete the planet of all its resources – from iron ore to sea food to forests.

So, there are only two options available to our species – either raise the consciousness or manage the material dimension much more rigorously with a very-long perspective in mind. Any given time, we may need to look at the next 1000 years at least. Technological breakthrough may enhance the comfort levels and sophistication levels of machines manifold, but no amount of sophisticated technology can do a refill of earth's ground water or reverse the climate change or global warming or the rise in ocean levels. The basics of the planet have to be managed wisely by changing our very attitude towards earth, its fragile eco-systems and the limited character of its resources. In order to display a balanced attitude towards earth's resources, we need human beings who are less compulsive and more evolved in consciousness. Within the species, there are two sections, men and women. And women, for obvious reasons, are less compulsive and hence women will rule the world now onwards.